



HEALTH

Fort Worth doctor reflects on measles outbreak in 1990 that infected more than 4,000 Texans and killed 9 in Dallas County

As state health officials monitor the current outbreak in West Texas, a DFW doctor recalls treating kids in the early '90s when a large measles outbreak happened in Texas.

By **Sophia Beausoleil** • Published February 27, 2025 • Updated on February 27, 2025 at 7:23 pm



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Health officials say North Texas cases are not connected to the outbreak in West Texas – where an unvaccinated school-aged child died from the measles and there have been 124 confirmed cases since January. NBC 5's Sophia Beausoleil spoke to a North Texas doctor who reflects on the measles outbreak from the late 1980s and early 1990s.

The measles outbreak that started in late January in West Texas has [infected dozens of people and killed a school-aged child](#) according to the Texas Department of State [Health Services](#). It comes as health officials released [exposure concerns in San Antonio and Central Texas](#).

On Wednesday, [Rockwall County said an unvaccinated adult](#) resident who traveled to Asia tested positive for the measles. They don't believe that case is connected to the outbreak in West Texas.

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The number of cases in Texas alone has local health officials on alert. According to the Centers for Disease Control and Prevention, there were 285 measles cases nationwide in 2024. This year, in Texas alone, there have been 124 reported cases.

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