

THFC LOCATIONS

Whatever your fitness goals — from losing weight to gaining strength, from endurance building to recreation — we can help.

ARLINGTON

800 W. Randol Mill Rd.
Arlington, TX 76012
arlingtonthr@fxwell.com
817-960-6575

BEDFORD

1616 Hospital Pkwy.
Bedford, TX 76022
heb@fxwell.com
817-848-5640

FORT WORTH

1301 Pennsylvania Ave.
Fort Worth, TX 76104
fortworth@fxwell.com
817-250-5050

SOUTHWEST

6301 Harris Pky. Suite 100
Fort Worth, TX 76132
southwestthr@fxwell.com
817-433-8250

BURLESON

2750 SW Wilshire Blvd.
Burleson, TX 76028
burlesonthr@fxwell.com
817-782-8080

DALLAS

5721 Phoenix Dr.
Dallas, TX 75231
dallasthr@fxwell.com
214-345-4625

WILLOW PARK

101 Crown Pointe Blvd.
Willow Park, TX 76087
willowparkthr@fxwell.com
817-757-1550

PROSPER

1970 W University Dr.
Prosper, TX 75078
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469-329-7740

