

# WATER SAFETY CLUB NEWS

May: Special Edition Pt. 4– Bathtub and Home

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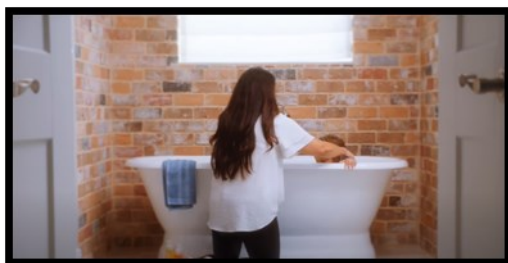
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## Water Safety Month

MAY is National Water Safety Month! Each week we will share important information on how everyone can help prevent child drownings. Please help us by sharing this knowledge with friends and family.

## Bathtub Safety

Bath time is a great bonding opportunity with your child. It is not the time to multi-task or delegate to a young sibling. It only takes an inch or two of water to drown, so it is vital caregivers stay within reach during bath time. Distractions can be deadly, so gather all your supplies before starting and stay off your phone until baby is out, dry and the water has drained.



## Know Your Home

Whether children live in your home or visit, it is important to think about all the potential risks, especially if you have immediate access to a pool, pond or a lake. Here are a few tips and tools to make your home safer.

### IN THE HOME WATER SAFETY CHECKLIST

Ensuring the safety of your home environment is crucial for preventing potential water-related accidents involving young children. Here are some quick checks you can do at your home to keep your loved ones safer.

#### BATHROOM SAFETY

- Secure Toilet Lids: Install toilet lid locks and be sure to consistently re-latch them to prevent access by young children.
- Bathroom Door Locks: Keep safety locks on all bathroom doors securely latched to prevent unsupervised access.
- Supervised Bath Time: Always remain present, close, and attentive with children during bath time. Never leave them unsupervised.
- Toy Storage: Immediately put away all bath toys after use. Ensure no toys are left in or near the bathtub or toilet to avoid attracting children back to the water.
- Drain Unused Water: Make it a routine to drain all sinks, bathtubs, and any containers with water immediately after use. You can even teach your kids how to open the drain to empty the tub at the end of bath time!

#### HOME ENTRY POINTS

- Safety Locks: Install safety locks that are out of reach of young children. Locks can be placed on doors and windows leading to outdoor areas, especially those with pools, ponds, or other water features nearby.
- Door and Window Alarms: Install alarms on doors and windows that alert you via chime or that send an alert to your phone. Regular maintenance for these is necessary. Check and change batteries regularly and ensure that no corrosion has taken place on your units.

#### EMERGENCY PREPAREDNESS

- Emergency Plan: Regularly review and update your displayed emergency plan, ensuring it is easily accessible and understood by all household members.
- Contact Information: Keep a list of emergency contact information, including phone numbers for local emergency services, poison control, and a trusted neighbor or relative, in a prominent and accessible location.
- First Aid and CPR: Ensure that all adult members of the household are trained in first aid and CPR, equipping them with the skills to respond effectively in case of an emergency.

Remember to regularly communicate with children about the dangers of water and establish clear rules for water use inside and outside the home.

Walking through these steps can significantly reduce the risk of accidental drownings or water-related injuries. Stay vigilant and make water safety a priority in your home!

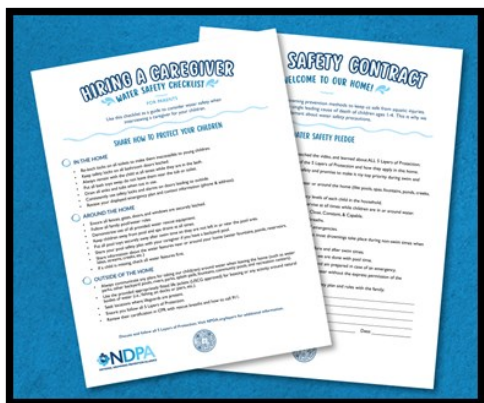
Discuss and follow all 5 Layers of Protection. Visit [NDPA.org/layers](https://www.ndpa.org/layers) for additional information.



## Child Care– Home Tips

Leaving your child in the care of someone else means clearly communicating your child's needs, and your expectations. Finding the right provider means ensuring they can handle emergency situations if necessary and puts safety first.

Click on the graphic below to download a caregiver checklist.



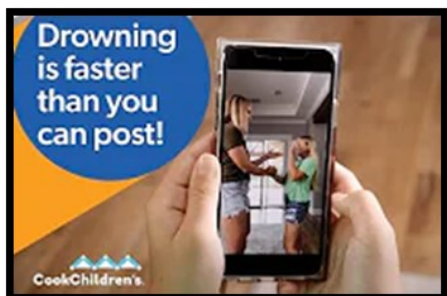
- Use toilet locks and door knob covers
- Install door and window locks
- Doggy doors-only open when not home
- Never leave buckets or bathtubs of water unsupervised
- Install a pool fence with a self-latching gate
- Clear pool of toys when not in use

## Prepare and Stay Aware

Everyone's home looks different, so it is important to take into account safety measures that would work best to keep children injury free. If you own a pool or have access to water, take extra precautions to ensure kids cannot access that water without an adult present. Here are other ways to keep kids safe in the home:

- Learn hands only CPR or become CPR and First Aid Certified
- When appropriate, teach children how to dial 911 in an emergency
- Safely store and lock up firearms out of a child's reach
- Safely store medications and cleaning supplies using a lockbox or cabinet locks
- Ensure that infants have their own sleep space free of all objects
- Make sure that cars remain locked, so children can't crawl in and lock themselves in accidentally
- Use door alerts, so you are aware when entry/exit points are being accessed
- Talk to you children about safety around medications, guns, water, and cars.

Remember, if you can't find your child, ALWAYS check the pool first.



Click the graphics to watch important safety messages

## Free Virtual Education

Click on the link below to sign up for a 30 minute presentation on best practices about water safety for caregivers and professionals.

<https://www.eventbrite.com/e/lifeguard-your-child-water-safety-tickets-198469757387?aff=oddtcreator>

### Dates available:

June 14th

July 9th

September 11th